

# INSPIRE & EMPOWER: CENTRAL CONNECTICUT ADULT-YOUTH WORKSHOP

**SAVE  
THE  
DATE!**

**FRIDAY MARCH 1, 2024**

**5PM-9PM**

**SATURDAY MARCH 2, 2024**

**8AM-12PM**

**COURTYARD BY  
MARRIOTT**

**4 SEBETHE DRIVE  
CROMWELL, CT**

(Overnight accommodation is \$125)

**FREE REGISTRATION**

**RAFFLES**

(MUST BE PRESENT TO WIN)

**DINNER & BREAKFAST PROVIDED**

**BREAKOUT SESSIONS:**

**BREAKING BOWLS - THE PRACTICE  
OF KINTSUGI**

**SCREENAGERS**

**YOUTH RESILIENCY**

**VAPING**

**GRANT FUNDING PROVIDED BY**



**John Morello - Keynote Speaker**

**John survived a high-risk adolescence while witnessing those around him struggle with addiction, depression, and the despair that can accompany poverty in a small town. To help himself and others better understand these struggles, he created the critically acclaimed one-man show, Dirt; a show which began as an experiment in a tiny theater that has now been seen by millions across the world.**

**SPONSORED BY:**

Berlin Social and Youth Services, Berlin Upbeat, Newington Human Services, Rocky Hill Youth and Family Services, and Wethersfield Social and Youth Services